

WINTER NEWSLETTER

WINTER TERM FINALE



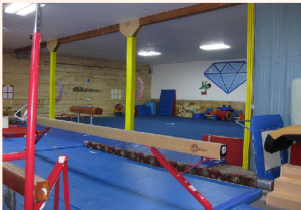
The last week of Winter term (provided no classes are cancelled due to extreme weather conditions) is **Monday, March 17th to Saturday, March 22nd** (all comp classes, including Pre-comp finish the week of March 24th). It was a big hit last year, so we're bringing it back! During the last week of classes, there will be a "**Bring a Friend to Gymnastics Day**", in which each participant can bring a friend to try a class and learn the basics of gymnastics. So start thinking of who to bring for this fun week of gymnastics (must be a friend, not a sibling).

SPRING TERM

Spring term schedule will start **Monday, March 31st for 10 or 12 weeks** (ends Saturday, June 21st - no classes Easter Weekend, as well as our Year-end Showcase at the end of May). Schedule & fees will be available on the website (www.bancroftgymnastics.com) and in our brochures as of **March 1st**. Most classes will stay the same with a few alterations and a new After School Rec class added. Please remember, we accept all types of payment - Visa, Mastercard, Debit, Cheque & Cash. Anyone who has paid for the full year, will automatically be registered in the same class for the winter term, unless notified because of a change. Anyone wanting to change dates, must do so before the first day of class without penalty.



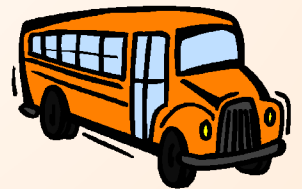
MARCH BREAK OPEN GYM



There will be no recreational or competitive classes from **Monday, March 10th until Friday, March 14th**, due to the March Break (Saturday classes are still running before & after March Break). There will be an **Open Gym** running that **week from 10:00 to 4:00** (Monday to Friday) at a cost of \$3.00 per hour for members and \$5.00 per hour for non-members.

CANCELLED CLASSES

During the winter season, our classes are not cancelled when the school buses are cancelled. If we have a bad storm, then classes will only be cancelled when you receive a phone call from me before 3:00 pm, an email & an announcement is made on the MooseFM radio. Most times weather conditions clear up by mid-afternoon, however if the storm continues or starts mid-afternoon & you do not wish to bring your child to class, please make sure to call to advise of this. When a class is cancelled, it is made up during our Floater week, which falls after the original last week of classes.



CHOCOLATE FUNDRAISER



Thanks to everyone who helped sell chocolate bars to raise money for our new Tumble Trak. Of course, we raised enough money to purchase the Tumble Trak and the **kids absolutely love it**. We still have a few more boxes to sell which could go towards some accessories for the Tumble Trak or other areas, so if interested in selling more chocolates, please let me or one of the coaches know.

WINTER Newsletter Continued...

10 IMPORTANT GYM FACTS

1. Please make sure to call or email the gym if your child is sick and will not be attending class that day! It's just common courtesy.
2. Please make sure to arrive early. If your child is close to 10 minutes late or more, they will be asked to go home. Warm-ups are very crucial for prevention of injury and this is done in the first 10 minutes of your child's class.
3. In order to keep the floor as clean & dry as possible in the viewing area, please remove your shoes/boots as soon as you arrive and place them in the boot trays provided.
4. Please make sure your child cleans up their toys in the viewing area before you leave!!!
5. Please make sure your child's warts are covered with First-Aid or athletic tape. Warts can spread to others and we prefer that it doesn't happen at our gym!
6. Remember Moms & Dads in the Parent & Tot class - **no jeans are allowed!!!**
7. Kinder and Tots should have a sippy cup or a proper water bottle brought to class. Something that's easy for your child to drink out of instead of a purchased water bottle. It's very time consuming and annoying for us coaches to be spending time helping the kids get a drink of water! **Think practical!!!**
8. Remember, if your child's class has shortened to only 1 or 2 kids in the class due to illnesses, the class may be shortened due to exhaustion to those kids in attendance.
9. Remember, if your child is away for any reason, there are no make-up classes available!
10. There are no classes on a Statutory Holiday, but there are classes on a School PA Day!!!